

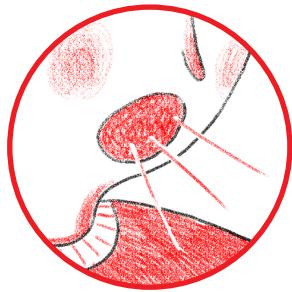
COVID-19

BI ÊDAH KMAN ROĂ LEH ANĂN ÊLAN BA TUP

Mnuih ruă tup kman COVID-19 māo klei bi êdah msĕ si êngoh hdap aguah tlam msĕ si: hlōr, mtuk, dleh êwa... tōdah trut kdjhām nao ruă truh kō ksō, dleh bi êwa, tăp năng truh djiē.



Kman ruă tup ba dōng mōng mnuih truh kō mnuih kyua klei bi sô mta djō kman ruă adung đok mōng mnuih māo kman ruă kraih mtuk, bhaň, dăl adung; leh anăn ba tup hlăm êlan tač êngao kman virus.



Mtuk, bhaň



Dăl adung

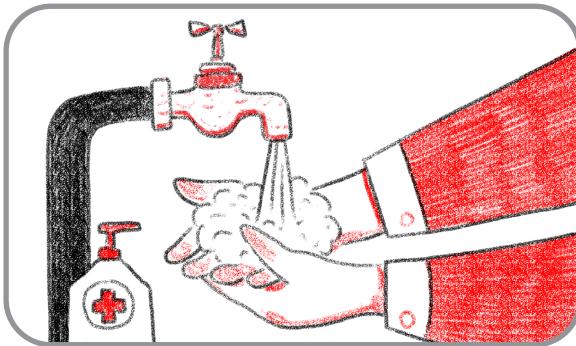


Mnōng tač êngao

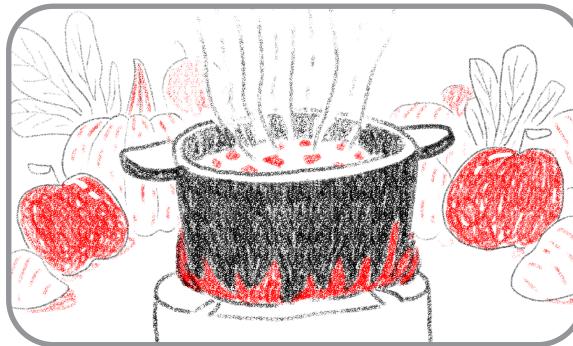
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SI SƠRĂNG NGĀ

ČIĀNG KHƯ MGANG COVID-19



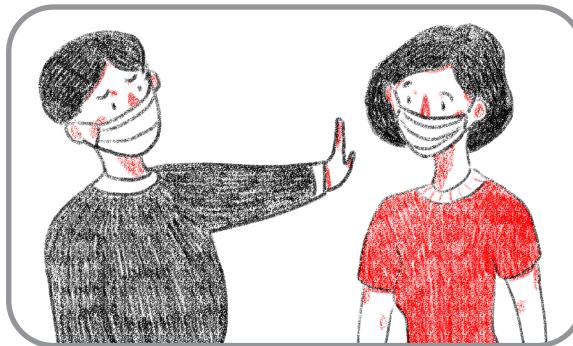
Rao kngan blik blik hōng k u amāo dah hōng êa rao māo Kôn boh biā hlām 30 giây



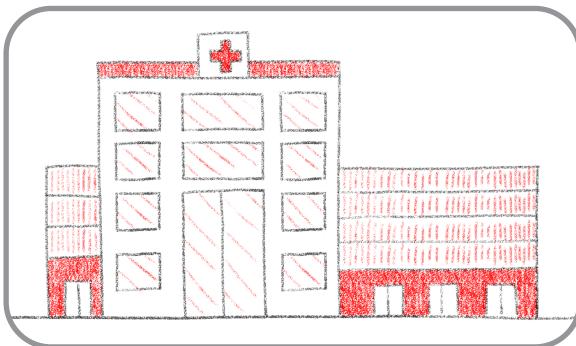
Mjoat asei mlei, bōng ksă mnăm hlōr leh anān djăp cát čiang đì ktang soah pran



Răng kriē pūk sang bi doh, huōng dhuōng, răng kriē bi doh tria sang, kngan djă băng bhă, jhung mdhō, sang tlō, čhum ao hōng kbu amāo dah hōng êa rao doh mkăń



Dêč anôk māo mnuih lu, răng boh kbui hin 2m tōdah bi tuōm bō hōng mnuih mkăń



Hún prăl hōng anôk sang êa drao ti kwar tōdah asei mlei hlōr, mtuk, dleh êwa amāo dah êo hmōr hōng êlan mrō blū prăl anôk khư, mgang kman COVID-19: **1900 3228** amāo dah **1900 9095** kō Phün knøng bruă êa drao ala car söräng māo klei mtō mblang



Dôk anôk lu mnuih troă amung bi sir hĕ băng dung, băng êgei, amāo sđ ôh kkiê kngan ti amō nah tač troă bđ. Boh amō troă hōng mlal leh anān dui lō yua wit. Amō troă amung yua knöng sa blū leh yua phui lui hue hĕ hlām thung djah.

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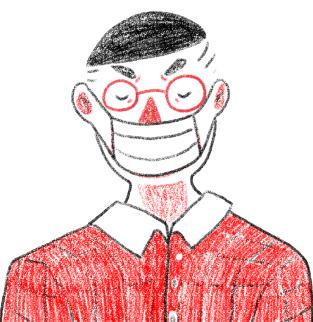
HLEI PÔ BREI

BI KLAH KÖYUA COVID-19



F0 MNUIH THÂO KLĂ LEH MÂO TƯP KMAN COVID-19

- Mdiao ti sang êa diao
- Mgoh mgang mă asei mlei đăm bi tûp



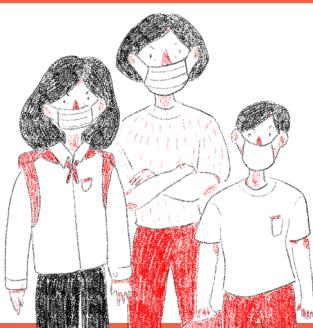
F1 - MNUIH BI TUÔM BÔ HONG F0

- Hlōng troă amung mtam
- Hưn kơ sang êa diao kwar
- Prät êmiêt mnong leh anän nao hlam klei bi tlah
- Hưn kơ F2 si klei jing pô



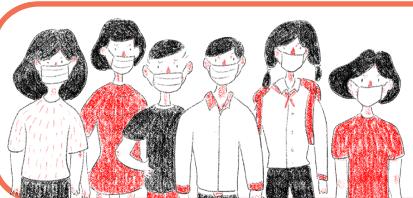
F2 - MNUIH BI TUÔM BÔ SÔ MTA HÖNG F1

- Hlōng troă amung mtam
- Hưn kơ sang êa diao kwar
- Prät êmiêt mnong leh anän tui hlue nga klei mtô mtrün hläm klei bi tlah mōng nai êa diao (ti sang amâo dah ti hgum)
- Hưn kơ F3 si klei jing pô



F3 - MNUIH BI TUÔM BÔ SÔ MTA HÖNG F2

- Hlōng troă amung mtam
- Hưn kơ sang êa diao kwar
- Prät êmiêt mnong leh anän tui ngă hlue klei mtrün hläm klei bi tlah mōng nai êa diao (ti sang amâo dah ti hgum)
- Hưn kơ F4 si klei jing pô

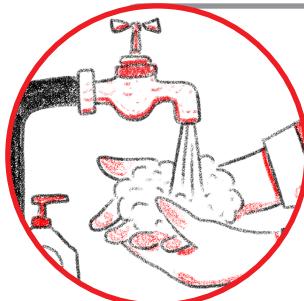


F4 - BI TUÔM BÔ SÔ MTA HÖNG F3

- Bi klah hjăń pô ti sang
- Hưn kơ sang êa diao anök pô hdip

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10 MTA HĐEH HRIĂM HRĂ BI NGĂ BREI DOK TÌ SANG LEH ANĂN HLĂM SANG HRĂ ČIĂNG KHƯ MGANG COVID-19



1 - Rao kngan hōng êa doh leh anăń kbu (amâo dah hōng êa bi rao kngan thu) jēň jēň hlăm brô mōng:

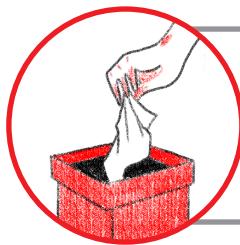
- Elâo mût adû
- Elâo leh anăń êdei kơ bơng hoă
- Leh kbia hlăp, mmōng mdei ejai
- Leh nao tlô, tordah kngan čhô mōng:



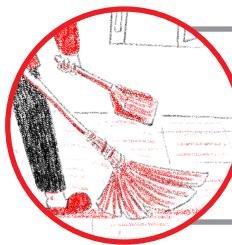
2 - Răng kriê asei mlei bi mđao, bǒng tuk ksă, mnăm êa tuk ksă



3 - Gang băng dung, êgei tơ dah mtuk amâo dah bhaň hōng amung kngan



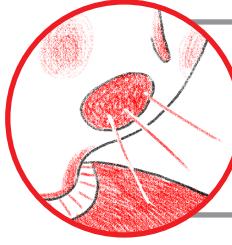
4 - Dưm hue djhah bi djö anôk



5 - Bi doh púk sang, adû hriăm, sang hră hriam doh siam



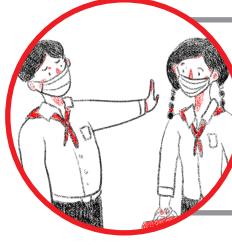
6 - Amâo brei kngan sđ ală, băng dung băng egei



7 - Amâo dui kčuh êa khak tătăń



8 - Amâo yua mbít mnõng pô yua hjăń



9 - Dêč đuê anôk hgum mnuih lu



10 - Huń mdah hōng ami ama leh anăń hōng nai mtô tơ dah māo klei mtuk, hlör, dleh êwa.

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